

DISCIPLINE SPECIFIC CORE COURSE
DSC HH 820: SOCIAL POLICY AND NATIONAL DEVELOPMENT

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
Social Policy and National Development DSC HH 820	4	4	0	0	Studied Semester VI	Nil

Learning Objectives

- To promote an understanding of the dynamics of social change and development in India
- To develop sound knowledge for various development schemes, programmes and development goals
- To develop capacity to formulate strategies necessary for national development.
- Assess how improvements in human development contribute to broader national development goals.
- Evaluate the impact of development programs and initiatives on social change and human development outcomes.
- To understand the relationship between social policy and sustainable resource management in national development.
- To Understand the role of nutrition in national development and the evolution of nutrition policies within broader development agendas.

Learning Outcomes

- The students will comprehend the impact of social inequalities in development processes
- The students will develop sound knowledge for various development schemes, programs and Sustainable Development Goals
- Analyze the interconnections between human development and national development and evaluate how changes in one area impact the other.
- Propose strategies for leveraging technology and modernization to enhance human development outcomes.

- Students will be able to analyze and explain the interconnectedness between social policy and sustainable resource management, demonstrating how these factors contribute to national development.
- Students will be able to describe the evolution of nutrition policies and explain how nutrition intersects with other development sectors such as health, education, and agriculture.

SYLLABUS OF DSC HH 820

THEORY (Credits 4; Hours 60)

UNIT I: Concept of Development and Social Change

10 Hours

This unit elucidates upon the evolution of development, concept of sustainable development, indicators and roles of Sustainable Development Goals. Role of NITI Aayog; Indicators of development and social change, theories and factors of social change, Indian agricultural policy: Food security for Sustainable Development, importance of agriculture in the development of the nation.

- Evolution of Development: Economic growth, Human Development and Sustainable development goals
- Role of NITI Aayog; Indicators of development and social change, theories and factors of social change
- Six pillars of Viksit Bharat
- Environment and National Development: Concept of Sustainable development, SDGs, indicators and role of SDGs, Climate Change and its impacts
- Indian agricultural policy: formulation and implementation, Agriculture and Food security for Sustainable Development, diversification in agriculture, Importance of agriculture in the development of India
- Overview of food value chain, Food processing industry and its contribution to National development, government policies and initiatives supporting food processing industry
- National development as driver of social change, National policies on social welfare and development
- Road from developing to developed nation

UNIT II: National Development Programmes and Sustainable Development

10 hours

This unit elucidates upon the development issues and goals pertaining to both national and international perspectives. It also focuses on the development approaches, strategies, programmes, and Sustainable Development Goals.

- Development issues and goals- national and international perspectives.
- Contemporary National Development Programmes (related to education, employment, income, health and nutrition, digitalization and women) – objectives, target groups, salient features, monitoring and evaluation, outcomes and communication support.
- Development Approaches and strategies – Growth with equity, minimum needs and quality of life.

- Gender perspectives in Development: Economic, Social and Political Trends and shifts over the years.
- International and National conventions and policies contributing in the development.
- Goals of Sustainable development- income, education, health, longevity, poverty.
- Social and human development in India: overview of Development Reports with special reference to India.

UNIT III: Linking Human Development to National Development and Social Change

10 Hours

This unit lays human development, encompassing health, education, and income, is deeply interlinked with national development across economic, social, and political dimensions. Addressing social change, inclusivity, sustainable development goals (SDGs), and ethical considerations is essential for fostering equitable and sustainable progress.

- Key Indicators and Interdependencies between Human development (health, education, income) and national development (economic, social, political)
- Social change in the context of human development- Cultural shifts and modernization, technology, impact of programs
- Inclusive development and addressing marginalization - gender equality, youth development, disability and migrants
- Sustainable development goals (SDGs) and their role in promoting human development
- Ethical considerations in human development, policies, and interventions

UNIT IV: Social Policy and Sustainable Resource Management: A Path to National Development

10 Hours

This unit explores the role of social policy and design in sustainable resource management and national development, emphasizing key policies, global frameworks and innovative approaches

- Intersection of policy, resource management, and national development
- Key social policies driving resource sustainability
- Global frameworks and Sustainable Development Goals (SDGs)
- Innovative approaches in social policy for national development
- Drafting resource-efficient policies: A design approach

UNIT V: Textile Industry and Social Change Through Contribution in Economy, Employment & Export

10 Hours

This unit gives an overview of Textile Value Chain at domestic and global level, its contribution to national development through government policies – cotton, silk, manmade and technical textiles, handloom, khadi etc.

- Overview of Textile Value Chain: domestic and global presence
- Major manufacturing centres and their role in economic and social development -
- Subsectors of textile industry and their contribution to national development through government policies – cotton, silk, manmade and technical textiles, handloom, khadi
- Government policies and initiatives for supporting textile manufacturers/ SMEs and its implications on economy and society

UNIT VI: Nutrition-Focused Social Policies**10 Hours**

This unit explores the Role of Nutrition in National Development; contribution of Social Policies for Improving Nutritional Outcomes, various acts etc.

- The Role of Nutrition in National Development: The evolution of nutrition policies in development agendas, Role of nutrition in achieving national and international development targets, Synergies between nutrition and other development sectors (health, education, agriculture)
- Social Determinants of Nutrition: The impact of socioeconomic factors on nutritional outcomes
- Social Policies for Improving Nutritional Outcomes: Social protection programmes – food transfers, cash transfers, public work programmes, subsidies; Nutrition education
- Social policies targeting maternal and child nutrition – Maternity protection Act, labour regulations
- Challenges in Implementing Nutrition-Focused Social Policies

Essential Readings

- Burchi, F. (2021). Effects of social protection on food consumption and nutrition. *Handbook on Social Protection Systems*, 596.
- Giddens, A. Duneier, M., Appelbaum, R. P., & Carr, D. (2017). *Introduction to Sociology* (10th Ed). Seagull.
- Ministry of Textile, GOI. (2024). Vision, Strategy and Action Plan For Indian Textile And Apparel Sector.
- Sachs, J. D. (2020). *The age of sustainable development* (2nd ed.). Columbia University Press.
- Spicker P. (2010). *Social Policy Themes and approaches*. Delhi, Jaipur, Rawat Publications.
- Unger, C. R., Borowy, I., & Pernet, C. A. (Eds.). (2022). *The Routledge Handbook on the History of Development*. New York: Routledge.
- World Bank. (2017). *The role of social protection in sustainable development*. World Bank Group.

Suggested Readings

- Baker, S., Kousis, M., & Richardson, D. (Eds.). (2018). *The politics of sustainable development: Theory, policy and practice*. Routledge.
- Bapat, J. (2005). *Development Projects and Critical Theory of Environment*. New Delhi: Sage Publications.
- Bhat K.S. ed, (2008). *Towards Social Development*, Delhi, Rawat Publications.
- Bhatnagar. O.P & Dahama, O.P. (2009). *Education and Communication For Development* 2ed. New Delhi: Oxford & IBH Publishing Co. Pvt Ltd. ISBN-13: 978- 8120400306.
- Chakrabarti, A., & Cullenberg, S. (2013). *Transition and development in India*. Routledge.

- Dixit, P., & Lal, R. C. (2019). A critical analysis of Indian textile industry: an insight into inclusive growth and social responsibility. *Russian Journal of Agricultural and Socio-Economic Sciences*, 88(4), 53-61.
- Drez Jean and Sen Amartya. (2007). Indian Development, New Delhi, Oxford University Press.
- Food and Agriculture Organization of the United Nations (2015). Nutrition and Social Protection. <http://www.fao.org/3/i4819e/i4819e.pdf>
- Green, D. (2008). From Poverty to Power: How Active Citizens and Effective States Can Change the World. Oxford: Oxfam International.
- Mikkelsen, Britha, (2002). Methods for Development Work and Research. New Delhi: Sage Publications.
- Patel, B., N. and Nagar R. (2018). Sustainable Development and India. OUP India.
- Sachs J. D., (2005). The End of Poverty, London, Delhi Penguin Books.
- Swaminathan MS. (2016) Food Security and Social Protection. In: *Combating Hunger and Achieving Food Security*. Cambridge University Press.
- World Bank. (2010). Repositioning nutrition as central to development: a strategy for large-scale action - overview

Note: Examination scheme and mode shall be as prescribed by the Examination branch, University of Delhi, from time to time